















NOVEMBER 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>31 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 3:00 Resident Directed Euchre</p> <p><i>Please understand that all activities will be held with respect to honoring all COVID protocols. Some activities may be subject to change or cancellation.</i></p>	<p>1 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe -New Time **MSP 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Sunshine Committee 3:15 Discussion Group and Social</p>	<p>2 <i>Westerville Library Book Exchange</i> <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises ** Gym 10:00 MSP Chair Exercises ** 10:45 Chair Exercises ** Gym 11:00 The Rosary, the Story & the Prayer with Vicki will continue in December 2:00 Tremble Clefs 2:00 BINGO with Goma 3:15 Sing A Long 3:45 Resident Council Meeting</p>	<p>3 <i>Per Appointment-FaceTime/Video Chat</i> 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:30 Cards and Board Games, resident's choice 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 2:00 Dollar Store-Operation Christmas Child 2:00 BINGO 3:00 Resident Directed Euchre 3:30 Trivia in Review</p> 	<p>4 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises and 10 Minute Walk ** 10:00 Kroger Shopping, IL only 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball** 2:00 Rummikub and Board Games 2:00 Resident Directed Euchre 2:00 Bridge 3:30 Mark Gordon Gaskill 6:30 Resident lead Rummikub & Board Games</p> 	<p>5 <i>Per Appointment-FaceTime/Video Chat</i> 9:30 Rosary with Leigh Ann and Catholic Communion Service 10:00 MSP Chair Exercises ** 10:45 Wii** 10:45 MSP March to a different Beat (Drumming)** 1:00 Marching to a Different Beat 2:00 Sing A Long 2:00 Poker 3:15 Happy Hour 6:30 Musicals in the Theater</p> 	<p>6 <i>Anytime</i> Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym 10:15 Exercise-MSP** 11:00 BINGO 2:00 Saturday at the Matinée TBA OSU vs Nebraska</p> 
<p>7 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 2:00 Grace Brethren Church Service 3:00 Resident Directed Euchre</p>	<p>8 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe -New Time **MSP 10:45 Chair Exercises ** Gym 2:00 Make PB & J's for Jordan's Crossing 3:15 Discussion Group and Social</p> 	<p>9 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Slow Stretch** 10:00 Slow Stretch ** MSP 10:30 Create a Better You Assessments 10:45 Slow Stretch ** 2:00 BINGO w/Goma 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long 3:00 Historical Discussions with Dolores</p>	<p>10 <i>Per Appointment-FaceTime/Video Chat</i> 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:30 Cards and Board Games, resident's choice 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 11:00 Lunch Outing 2:00 BINGO 3:00 Resident Directed Euchre 3:30 Trivia in Review</p>	<p>11 <i>Veteran's Day</i> <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises and 10 Minute Walk ** 10:30 Steve Ball's Presentation for the Veterans followed by Veteran's Day Luncheon 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Resident Directed Euchre 2:00 Bridge 2:45 Shop at the Parkside Dollar Store 6:30 Rummikub and Board Games</p> 	<p>12 <i>Per Appointment-FaceTime/Video Chat</i> 9:30 Catholic Communion Service 10:00 Chair Exercises** 10:00 MSP Chair Exercises ** 10:45 MSP March to a different Beat (Drumming)** 10:45 Chair Exercises ** 10:45 Wii 2:00 Poker 2:00 Sing A Long 2:20 Craft Market Place 3:15 Happy Hour 6:30 Musicals in the Theater</p> 	<p>13 <i>Anytime</i> Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** 10:15 Exercise-MSP** 11:00 BINGO Noon OSU vs Purdue 2:00 Saturday at the Matinée</p> 
<p>14 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 3:00 Resident Directed Euchre</p>	<p>15 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe -New Time **MSP 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Sunshine Committee 3:15 Discussion Group and Social</p>	<p>16 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Slow Stretch ** 10:30 Slow Stretch ** MSP 2:00 BINGO w/Courtney 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long 3:15 Book Club</p>	<p>17 <i>Birthday Celebration</i> <i>Per Appointment-FaceTime/Video Chat</i> 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:30 Assistance form Delaware Bd. Of Elections per previous request 10:30 Cards and Board Games, resident's choice 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 2:00 Meijer Shopping 2:00 BINGO 3:30 Trivia in Review</p> 	<p>18 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises and 10 Minute Walk ** 10:00 Kroger Shopping, IL only 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Resident Directed Euchre 2:00 Bridge 2:45 Shop at the Parkside Dollar Store 3:15 Assemble Shoe Boxes for Operation Christmas Child 6:30 Rummikub and Board Games</p> 	<p>19 <i>Per Appointment-FaceTime/Video Chat</i> 9:30 Catholic Communion Service 10:00 Chair Exercises ** MSP 10:45 Chair Exercises ** 10:45 Wii 10:45 Marching to a Different Beat-MSP 1:00 Marching to a Different Beat 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour 6:30 Musicals in the Theater</p>	<p>20 <i>Anytime</i> Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym 10:15 Exercise-MSP** 11:00 BINGO TBA OSU vs MI State 2:00 Saturday at the Matinée</p> 
<p>21 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 2:00 Faith Christian Fellowship 3:00 Resident Directed Euchre</p>	<p>22 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe -New Time **MSP 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Make PB & J's for Jordan's Crossing 3:15 Discussion Group and Social Deliver Shoe Boxes</p> 	<p>23 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Slow Stretch ** 10:00 Slow Stretch ** MSP 10:45 New Resident Social 2:00 BINGO w/Goma 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:00 Historical Discussions with Dolores</p>	<p>24 <i>Per Appointment-FaceTime/Video Chat</i> 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:30 Cards and Board Games, resident's choice 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 2:00 Scenic Drive 2:00 BINGO 3:30 Trivia in Review</p>	<p>25 <i>Thanksgiving</i> <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study-Cancelled 1:00 Chair Volley Ball 2:00 Resident Directed Euchre 2:00 Bridge 6:30 Rummikub and Board Games</p> 	<p>26 <i>Per Appointment-FaceTime/Video Chat</i> 9:30 Catholic Communion Service 10:00 Chair Exercises ** MSP 10:45 Wii 10:45 Marching to a Different Beat-MSP 1:00 Marching to a Different Beat 3:15 Happy Hour 6:30 Musicals in the Theater</p>	<p>27 <i>Anytime</i> Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym 10:15 Exercise-MSP** 11:00 BINGO NOON OSU vs U of M 2:00 Saturday at the Matinée</p> 
<p>28 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 3:00 Resident Directed Euchre</p>	<p>29 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe -New Time **MSP 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Sunshine Committee 3:15 Discussion Group and Social</p>	<p>30 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Slow Stretch ** 10:00 Slow Stretch ** MSP 10:45 Slow Stretch ** 2:00 BINGO w/Courtney 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long 3:30 Veteran's Happy Hour</p>	<p>1 <i>Per Appointment-FaceTime/Video Chat</i> 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:30 Cards and Board Games, resident's choice 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 1:30 Kohls Shopping 2:00 BINGO 3:30 Trivia in Review</p>	<p>2 <i>Per Appointment-FaceTime/Video Chat</i> 10:00 Chair Exercises and 10 Minute Walk ** 10:00 Kroger Shopping, IL only 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Trivia in Review 2:00 Play & Learn Euchre or Bridge 2:45 Shop at the Parkside Dollar Store 6:30 Rummikub and Board Games</p>	<p>3 <i>Per Appointment-FaceTime/Video Chat</i> 9:30 Catholic Communion Service 10:00 Chair Exercises ** 10:00 Chair Exercises ** MSP 10:45 Chair Exercises ** 10:45 Wii 10:45 Marching to a Different Beat-MSP 1:00 Vaud-Villities 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour 6:30 Musicals in the Theater</p>	<p>4 <i>Anytime</i> Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym 10:15 Exercise-MSP** 11:00 BINGO 2:00 Saturday at the Matinée TBA OSU vs Penn State</p> <p>** Indicates exercise programs that incorporates the Senior Wellness System, Create a Better You. Calendars are subject to change.</p>