


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOVEMBER BIRTHDAYS Loretta 7th Jean 24th	Salon Open – 1st Floor 1 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick from the Cart 3:00 Live Entertainment With Chuck T. 6:00 Puzzles, Puzzles, Puzzles	2 10:00 Communion Service In Bistro 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Let's Travel To? 2:00 Building Puzzles 4:00 Listening to Music 6:00 Relax w/ Favorite Book	3 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 1:30 Travel Ocean Water Sensory Touch 3:30 Tic Tac Toe 6:00 Love Animals Animal Planet Showing	4 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Facetime/ Music Staff Pick 1:00 Craft Fun 2:00 Piano Music w/ Joyce 6:00 Reminiscing w/ Friends	5 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Choice of YouTube Music Video 2:00 Parachute Ball Toss 6:00 Jukebox Choice	6 10:30 Believers Church Music In Bistro 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 3:00 Dominos 7:00 Lawrence Welk Show
8:00 EWTN Mass CH 14 Sunday St. Bede's Bulletin 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies 1:00 Browns VS Bengals CH 4 3:00 Piano Music w/ Cristin 6:00 Sunday Evening Color <small>Daylight Saving Time Ends</small>	Salon Open – 1st Floor 8 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick from the Cart 3:00 Jukebox Music Choice 6:00 Puzzles Night	9 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Hand Massage w/Ingrid 2:00 Nails w/ Brittany 4:00 Listening to Music 6:00 Visit Pet Therapy Dog Gracie	10 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 2:00 Fall Tour of Trees Through Metro Park 6:00 Love Animals Animal Planet Showing	11 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Honoring Our Veterans Afternoon Ceremony With Patriot Music 2:00 Piano Music w/ Joyce 6:00 Reminiscing w/ Friends <small>Veterans Day Remembrance Day (Canada)</small>	12 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Floral Arranging 6:00 Jukebox Choice	13 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 2:00 Music with Volunteer Ben & Carol 3:00 Dominos 7:00 Lawrence Welk Show
8:00 EWTN Mass CH 14 Sunday St. Bede's Bulletin 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies 1:00 Browns VS Patriots CH 4 3:00 Piano Music w/ Cristin 6:00 Sunday Evening Color	Salon Open – 1st Floor 15 10:00 Rosary w/ St. Bede's In Bistro 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick a Game 3:00 Live Entertainment Two Souls 6:00 Puzzles Night	16 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Craft Time 2:00 Sensory Touching 4:00 Listening to Music 6:00 Relax w/ Favorite Book	17 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 2:30 Art Color Expressions 6:00 Love Animals Animal Planet Showing	18 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Facetime/ Music Staff Pick 1:00 Cornhole Game 2:00 Piano Music w/ Joyce 6:00 Reminiscing w/ Friends	19 10:00 Fr. Tim Mass/ Music In Bistro 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Sorting Games 6:00 Jukebox Choice	20 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 2:30 Frank Sinatra Music You Tube Fun 3:00 Dominos 7:00 Lawrence Welk Show
8:00 EWTN Mass CH 14 Sunday St. Bede's Bulletin 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies 1:00 Browns VS Lions CH 8 3:00 Piano Music w/ Cristin 6:00 Sunday Evening Color	Salon Open – 1st Floor 22 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Music Bingo 3:00 Grab A New Magazine 6:00 Puzzles, Puzzles, and More Puzzles	23 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 You Tube Funny Videos 2:00 Sensory Touching 4:00 Listening to Music 6:00 Visit Pet Therapy Dog Gracie	24 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 1:00 Yard Darts 2:00 Art Expressions 6:00 Love Animals Animal Planet Showing	25 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Reminiscing Thanksgiving 12:30 Bears @ Lions CH FOX 8 1:30 Sensory Touch 4:30 Raiders @ Cowboys CH CBS 4 8:20 Bills @ Saints CH NBC 3 <small>Thanksgiving Day</small>	26 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Circle Ball Toss 6:00 Jukebox Choice	27 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 2:30 Dean Martin Music You Tube Fun 3:00 Dominos 7:00 Lawrence Welk Show
8:00 EWTN Mass CH 14 Sunday St. Bede's Bulletin 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies 3:00 Piano Music w/ Cristin 6:00 Sunday Evening Color 8:20 Browns VS Ravens CH 3 <small>Hanukkah Begins</small>	Salon Open – 1st Floor 29 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Music Bingo 3:00 Grab A New Magazine 6:00 Puzzles, Puzzles, and More Puzzles	30 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Craft Time 2:00 Sensory Touching 4:00 Listening to Music 6:00 Relax w/ Favorite Boo	 <h1>November 2021</h1> <p>There Is Always Something to Be Thankful For!</p>			