











JANUARY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Please understand that all activities will be held with respect to honoring all COVID protocols. Some activities may be subject to change or cancellation. Calendars are subject to change.</i></p> <p>** Indicates exercise programs that incorporates the Senior Wellness System, Create a Better You.</p>	<p>27 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Sunshine Committee 3:15 Discussion Group and Social</p>	<p>28 Per Appointment-FaceTime/Video Chat 10:00 Slow Stretch ** 10:00 Slow Stretch ** MSP 10:45 Chair Volleyball ** 2:00 BINGO w/ Courtney 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long 3:30 Veteran's Happy Hour</p>	<p>29 Per Appointment-FaceTime/Video Chat 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 11:00 Lunch Outing 2:00 BINGO 3:30 Trivia in Review</p>	<p>30 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Trivia in Review 1:30 Bridge 2:00 Crafts, See the Bulletin Board 2:45 Shop at the Parkside Dollar Store 6:30 Rummikub and Board Games</p>	<p>31 New Year's Eve Per Appointment-FaceTime/Video Chat 9:30 Catholic Communion Service 10:00 Chair Exercises ** 10:00 Chair Exercises ** MSP 10:45 Chair Exercises ** 10:45 Wii 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour and New Year's Bubbly 6:30 Musicals in the Theater</p> 	<p>1 Anytime Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym TBD Rose Bowl Parade 10:15 Exercise-MSP** 11:00 BINGO 2:00 Saturday at the Matinée 5:00 Rose Bowl Game-OSU vs Utah</p> 
<p>2 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 2:00 Grace Brethren Church Service 3:00 Resident Directed Euchre</p>	<p>3 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe 10:45 Chair Exercises ** Gym 10:45 Visit with Santa in the Dining Room 2:00 Make PB & J's for Jordan's Crossing 3:15 Discussion Group and Social</p> 	<p>4 Westerville Library Book Exchange Per Appointment-FaceTime/Video Chat 10:00 Slow Stretch ** 10:30 Slow Stretch ** MSP 2:00 BINGO 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long</p>	<p>5 Per Appointment-FaceTime/Video Chat 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 1:30 TBD 2:00 BINGO 3:00 Resident Directed Euchre</p>	<p>6 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises and 10 Minute Walk ** 10:00 Kroger Shopping, IL only 1:00 Chair Volley Ball 2:00 Resident Directed Euchre 1:30 Bridge 2:45 Shop at the Parkside Dollar Store 6:30 Rummikub and Board Games</p> 	<p>7 Per Appointment-FaceTime/Video Chat 9:30 Rosary with Leigh Ann and Catholic Communion Service 10:00 Chair Exercises ** MSP 10:00 Chair Exercises ** 10:45 Wii 1:00 Marching to a Different Beat 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour 6:30 Musicals in the Theater</p> 	<p>8 Anytime Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** 10:15 Exercise-MSP** 11:00 BINGO 2:00 Saturday at the Matinée</p>
<p>9 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 2:00 Grace Brethren Church Service 3:00 Resident Directed Euchre</p>	<p>10 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Sunshine Committee 3:15 Discussion Group and Social</p>	<p>11 Per Appointment-FaceTime/Video Chat 10:00 Slow Stretch ** 10:30 Slow Stretch ** MSP 10:30 Create a Better You Assessments 2:00 BINGO 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:00 Sing A Long 3:45 Resident Council Meeting</p>	<p>12 Birthday Celebration Per Appointment-FaceTime/Video Chat 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 11:30 Monthly Birthday Lunch 2:00 Meijer Shopping 2:00 BINGO 3:30 Trivia in Review</p> 	<p>13 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Resident Directed Euchre 1:30 Bridge 2:00 Winter Crafts, See Daily Calendar 2:45 Shop at the Parkside Dollar Store 6:30 Rummikub and Board Games</p>	<p>14 Per Appointment-FaceTime/Video Chat 9:30 Catholic Communion Service 10:00 Chair Exercises ** MSP 10:00 Chair Exercises ** 10:45 Chair Exercises ** 10:45 Wii 10:45 Introduction to Retired Old Men Eating Out-ROMEIO Club 1:00 Marching to a Different Beat 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour 3:30 Scott Brooks, Singer</p> 	<p>15 Anytime Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym 10:15 Exercise-MSP** 11:00 BINGO 2:00 Saturday at the Matinée</p>
<p>16 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 2:00 Faith Christian Fellowship 3:00 Resident Directed Euchre</p>	<p>17 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Make PB & J's for Jordan's Crossing 3:15 Discussion Group and Social</p> 	<p>18 Per Appointment-FaceTime/Video Chat 10:00 Slow Stretch ** 10:00 Slow Stretch ** MSP 10:45 New Resident Social 2:00 BINGO 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long 3:00 Book Club</p>	<p>19 Per Appointment-FaceTime/Video Chat 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 2:00 BINGO 1:30 Van Gough Exhibit, Columbus Museum of Art</p> 	<p>20 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises and 10 Minute Walk ** 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Resident Directed Euchre 1:30 Bridge 2:00 Winter Crafts, See Daily Calendar 2:45 Shop at the Parkside Dollar Store 6:30 Rummikub and Board Games</p>	<p>21 9:30 Catholic Communion Service 10:00 Chair Exercises ** MSP 10:00 Chair Exercises ** 10:45 Wii 1:00 Marching to a Different Beat 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour 6:30 Musicals in the Theater</p>	<p>22 Anytime Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 11:00 BINGO 2:00 Saturday at the Matinée</p>
<p>23 7:30 David Jeremiah, channel 139 10:00 Catholic Mass, WWHO on Channel 153 or 53 11:30 Joel Osteen, channel 104 or 4 1:00 Charles Stanley's In Touch Ministry, channel 186 or 13 3:00 Resident Directed Euchre</p>	<p>24 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises ** Gym 10:30 Dance with Chloe 10:45 Chair Exercises ** Gym 10:45 Wii, 2nd Floor 2:00 Sunshine Committee 3:15 Discussion Group and Social</p>	<p>25 Per Appointment-FaceTime/Video Chat 10:00 Slow Stretch ** 10:00 Slow Stretch ** MSP 10:45 Chair Volleyball ** 2:00 BINGO w/ Courtney 2:00 Tremble Clefs** 2:30 Visit with Luna & Diana (Dog Therapy) 3:15 Sing A Long 3:30 Veteran's Happy Hour</p>	<p>26 Per Appointment-FaceTime/Video Chat 7:45 Catholic Mass at St. Paul's 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 minute Walk 10:45 MSP Chair Exercises ** 10:45 Wii 11:00 Lunch Outing 2:00 BINGO 3:30 Trivia in Review</p>	<p>27 Per Appointment-FaceTime/Video Chat 10:00 Chair Exercises and 10 Minute Walk ** 10:45 Chair Exercises and 10 Minute Walk ** 10:45 Bible Study 1:00 Chair Volley Ball 2:00 Trivia in Review 1:30 Bridge 2:00 Winter Crafts, See Daily Calendar 2:45 Shop at the Parkside Dollar Store 3:30 Steve Fisher, Singer 6:30 Rummikub and Board Games</p> 	<p>28 Per Appointment-FaceTime/Video Chat 9:30 Catholic Communion Service 10:00 Chair Exercises ** 10:00 Chair Exercises ** MSP 10:45 Chair Exercises ** 10:45 Wii 1:00 Marching to a Different Beat 2:00 Poker 2:00 Sing A Long 3:15 Happy Hour 6:30 Musicals in the Theater</p>	<p>29 Anytime Complete the Activities Packet available at the front desk. Parkside Bucks are available for each sheet completed. 9:30 Chair Exercises** in Gym 10:15 Exercise-MSP** 11:00 BINGO 2:00 Saturday at the Matinée</p>