

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

## January Birthdays- Theresa P. 19<sup>th</sup>



<p>8:00 EWTN Mass CH 14 <b>Sunday St. Bede's Bulletin</b> 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies <b>3:00 Piano Music w/ Cristin</b> 6:00 Sunday Evening Color</p>	<p><b>2</b> Salon Open – 1<sup>st</sup> Floor 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick from the Cart 3:00 <b>Live Entertainment With Bob Norton</b> 6:00 Puzzles, Puzzles, Puzzles 8:15 <b>Browns VS Steelers</b></p>	<p><b>3</b> 10:00 <b>Communion Service In Bistro</b> 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Hand Massages 2:00 Building Puzzles 4:00 Listening to Music 6:00 Visit Pet Therapy Gracie</p>	<p><b>4</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 1:30 Travel Ocean Water Sensory Touch 3:30 Tic Tac Toe 6:00 Love Animals Animal Planet Showing</p>	<p><b>5</b> 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Music Staff Pick 2:00 <b>Piano Music w/ Joyce</b> Instruments Follow the Beat 4:00 Hallmark Classic 6:00 Reminiscing w/ Friends</p>	<p><b>6</b> 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Circle Ball Toss 6:00 Jukebox Choice</p>	<p><b>7</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 3:00 Dominos 7:00 Lawrence Welk Show</p> <p>New Year's Day</p>
<p>8:00 EWTN Mass CH 14 <b>Sunday St. Bede's Bulletin</b> 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies <b>1:00 Browns VS Bengals CH 4</b> <b>3:00 Piano Music w/ Cristin</b> 6:00 Sunday Evening Color</p>	<p><b>9</b> Salon Open – 1<sup>st</sup> Floor 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick from the Cart 3:00 Jukebox Music Choice 6:00 Puzzle Night</p>	<p><b>10</b> 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 2:00 Building Puzzles 4:00 Listening to Music 6:00 Relax w/ Favorite Book</p>	<p><b>11</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 1:30 You Tube Sing a Long With Lyrics 3:30 Tic Tac Toe 6:00 Love Animals Animal Planet Showing</p>	<p><b>12</b> 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Music Staff Pick 2:00 <b>Piano Music w/ Joyce</b> Instruments Follow the Beat 4:00 Hallmark Classic 6:00 Reminiscing w/ Friends</p>	<p><b>13</b> 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Floral Arranging 6:00 Jukebox Choice</p>	<p><b>14</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 2:30 <b>Frank Sinatra Music</b> You Tube Fun 3:00 Dominos 7:00 Lawrence Welk Show</p>
<p>8:00 EWTN Mass CH 14 <b>Sunday St. Bede's Bulletin</b> 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies <b>3:00 Piano Music w/ Cristin</b> 6:00 Sunday Evening Color</p>	<p><b>16</b> Salon Open – 1<sup>st</sup> Floor 10:00 <b>Rosary w/ St. Bede's In Bistro</b> 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick a Game 3:00 <b>Live Entertainment With Bob Norton</b> 6:00 Puzzles Night <small>Martin Luther King Jr. Day</small></p>	<p><b>17</b> 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Hand Massages 2:00 Building Puzzles 4:00 Listening to Music 6:00 Visit Pet Therapy Gracie</p>	<p><b>18</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 1:30 Big Parachute Ball Toss With Music 3:30 Tic Tac Toe 6:00 Love Animals Animal Planet Showing</p>	<p><b>19</b> 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Music Staff Pick 2:00 <b>Piano Music w/ Joyce</b> Instruments Follow the Beat 4:00 Hallmark Classic 6:00 Reminiscing w/ Friends</p>	<p><b>20</b> 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Sorting Games 6:00 Jukebox Choice</p>	<p><b>21</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 3:00 Dominos 7:00 Lawrence Welk Show</p>
<p>8:00 EWTN Mass CH 14 <b>Sunday St. Bede's Bulletin</b> 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies <b>3:00 Piano Music w/ Cristin</b> 6:00 Sunday Evening Color <small>Activity Professionals Week</small></p>	<p><b>23</b> Salon Open – 1<sup>st</sup> Floor 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick from the Cart 3:00 Jukebox Music Choice 6:00 Puzzle Night</p>	<p><b>24</b> 11:00 Exercise w/ Stress Ball 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Let's Travel To? 2:00 Building Puzzles 4:00 Listening to Music 6:00 Relax w/ Favorite Book</p>	<p><b>25</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music Residents Pick 1:30 You Tube Sing a Long With Lyrics 3:30 Tic Tac Toe 6:00 Love Animals Animal Planet Showing</p>	<p><b>26</b> 11:00 Exercise w/ Stretch Bands 11:30 Read Daily Chronicle 12:00 Music Staff Pick 2:00 <b>Piano Music w/ Joyce</b> Instruments Follow the Beat 4:00 Hallmark Classic 6:00 Reminiscing w/ Friends</p>	<p><b>27</b> 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Resident Choice You Tube Video 2:00 Circle Ball Toss 6:00 Jukebox Choice</p>	<p><b>28</b> 11:00 Exercise w/ Staff 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:30 Reminiscing Together 2:30 <b>Dean Martin Music</b> You Tube Fun 3:00 Dominos 7:00 Lawrence Welk Show</p>
<p>8:00 EWTN Mass CH 14 <b>Sunday St. Bede's Bulletin</b> 10:00 Spiritual Music 11:00 Exercise w/ Music 11:30 Read Daily Chronicle 12:00 Music Melodies <b>3:00 Piano Music w/ Cristin</b> 6:00 Sunday Evening Color</p>	<p><b>30</b> Salon Open – 1<sup>st</sup> Floor 11:00 Exercise w/ Weights 11:30 Read Daily Chronicle 12:00 Facetime/ Music 1:00 Pick from the Cart 3:00 Jukebox Music Choice 6:00 Puzzle Night</p>	<p><b>31</b></p>  <p style="text-align: center;"><b>WISHING YOU A HAPPY NEW YEAR</b> <b>MAY IT BE FILLED WITH NEW ADVENTURES</b> <b>AND MANY GOOD FORTUNES !</b></p> 				