

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## Danbury Hudson

11:00 Do Your CABY Exercises! **1**  
 1:00 Resident Bridge Game- P  
 2:30 Grab A Dab(ber)  
 Bingo with Brian!  
 3:30 Senior Stride meet in the  
 Bistro and Walk the 1st Floor Hall  
 Together!  
 7:00 Lawrence Welk Show- Ch 9  
 New Year's Day

**2**  
 9:00 Your Stretch Time!  
 10:00 **Church Services- Christ  
 Community Chapel Live Here!  
 Theater**  
 2:30 Popcorn & Puzzles- B  
 3:30 Daily Chronicle

*That's Amore!* **3**  
 10:30 "Create A Better You"  
 Exercise with Dean Martin Hits- B  
 11:00 **Bible Study w/ Rev Steve**  
 3:00 **Danbury Favorite: Greg  
 Piscura Entertains!- DR**  
 4:00 Let's Play Left, Right, Center- B  
**8:15 Cleveland Browns vs  
 Steelers on the Big Screen- T**

**4**  
 10:00 Oceans of Lotions  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 11:00 Today's Topics- B  
 2:30 Bingo- Bistro  
 3:30 Word Search & Puzzles-  
 B

**5**  
 10:30 Go Chicken Fat Go  
 Exercise- B  
 11:15 Catholic Service- T  
 12:30 Bike Exercise Group- FC  
 1:00 Resident Bridge Card Game  
 2:30 Movie on the Big Screen  
 4:00 **Let's Play "Italian"  
 Hangman!**  
 6:30 Movie Club- Theater

**6**  
 10:30 Senior "Create A Better You"  
 Exercise- Bistro  
 11:00 Today's Topics- B  
 2:30 Scrabble & Dominoes- B  
 4:00 *Sangria Happy Hour!*

**7**  
 9:00 Daily Chronicle  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 2:30 Bingo- Bistro  
 3:45 Trivia Time  
 6:30 Movie Night- Theater

**8**  
 11:00 Do Your CABY Exercises!  
 1:00 Resident Bridge Game- P  
 2:30 Grab A Dab(ber)  
 Bingo with Brian!  
 3:30 Senior Stride meet in the  
 Bistro and Walk the 1st Floor Hall  
 Together!  
 7:00 Lawrence Welk Show- Ch 9

**9**  
 9:00 Your Stretch Time!  
 10:00 **Church Services- Christ  
 Community Chapel Live Here!  
 Theater**  
 2:30 Popcorn & Puzzles- B  
 3:30 Daily Chronicle  
 8:30 Cavs vs Warriors on the  
 Big Screen- T

*Old Blue Eyes Day!* **10**  
 10:30 "Create A Better You" Exercise  
 with Frank Sinatra Hlts- Bistro  
 11:00 **Bible Study w/ Rev Steve**  
 2:30 **Armchair Travels of Italy-B**  
**Bring photo albums & souvenirs!**  
*Lifelong Learning Series Begins!*  
 2:40 **Civil Era Quilts and the  
 Women Who Made Them- T**  
 4:00 Let's Play Got It- B

**11**  
 10:00 Oceans of Lotions  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 11:00 Today's Topics- B  
 2:30 Bingo- Bistro  
 3:30 Word Search & Puzzles-  
 B

*Lifelong Learning Series Begins!* **12**  
 10:15 **Elizabeth I: Pirate Queen &  
 Master of Spies- P**  
 10:30 Go Chicken Fat Go-B  
 11:15 Catholic Service- T  
 12:30 Bike Exercise Group- FC  
 1:00 Resident Bridge Card Game  
 2:30 **The Incredible Duane Carlson  
 on the Piano!- DR**  
 4:00 Let's Play Hangman!  
 6:30 Movie Club- Theater

**13**  
 10:30 Senior "Create A Better You"  
 Exercise- Bistro  
 11:00 Today's Topics- B  
**You Asked For It You Got It!**  
 12:00 Lunch Outing to Donato's Pizza  
*Lifelong Learning Series Begins!*  
 2:40 **Composers Who Took  
 Broadway from Fledgling to  
 Fabulous- T**  
 3:00 Scrabble & Dominoes

**14**  
 9:00 Daily Chronicle  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 2:00 **Cappucino's- B**  
 2:30 Bingo- Bistro  
 3:30 **Italy IQ- B**  
 6:30 Movie Night- Theater

**15**  
 11:00 Do Your CABY Exercises!  
 1:00 Resident Bridge Game- P  
 2:30 Grab A Dab(ber)  
 Bingo with Brian!  
 3:30 Senior Stride meet in the  
 Bistro and Walk the 1st Floor Hall  
 Together!  
 7:00 Lawrence Welk Show- Ch 9

**16**  
 9:00 Your Stretch Time!  
 10:00 **Church Services- Christ  
 Community Chapel Live Here!  
 Theater**  
 2:30 Popcorn & Puzzles- B  
 3:30 Daily Chronicle

*The Four Seasons* **17**  
 10:30 "Create A Better You"  
 Exercise with Frankie Valli- Bistro  
 11:00 **Bible Study w/ Rev Steve**  
 2:30 Cards! Poker, 21, Kings in  
 the Corner and Cold Beer!- Pub  
 2:40 **Civil Era Quilts and the  
 Women Who Made Them- T**  
 4:30 Martin Luther King Reflection  
 Martin Luther King Jr. Day

**18**  
 10:00 Oceans of Lotions  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 11:00 Today's Topics- B  
 2:30 Bingo- Bistro  
 3:30 **Pasta Dinner Word Fit  
 Puzzle- B**

**19**  
 10:15 **Elizabeth I: Pirate Queen &  
 Master of Spies- P**  
 10:30 Go Chicken Fat Go Exercise- B  
 11:15 Catholic Service- T  
 12:30 Bike Exercise Group- FC  
 1:00 Resident Bridge Card Game  
 2:30 **Making Personal Pizzas!- P**  
 4:00 **Leaning Tower of Pisa Game-  
 Modern day Jenga!**  
 6:30 Movie Club- Theater

**20**  
 10:30 Senior "Create A Better You"  
 Exercise- Bistro  
 11:00 Today's Topics- B  
 2:30 **Matching Famous Paintings to  
 the Artist- B**  
 2:40 **Composers Who Took  
 Broadway from Fledgling to  
 Fabulous- T**  
 3:30 Scrabble & Dominoes- B  
 4:00 *Wine and Cheese Happy Hour!*

**21**  
 9:00 Daily Chronicle  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 2:30 Bingo- Bistro  
 3:30 Trivia Time-B  
 6:30 Movie Night- Theater

**22**  
 11:00 Do Your CABY Exercises!  
 1:00 Resident Bridge Game- P  
 2:30 Grab A Dab(ber)  
 Bingo with Brian!  
 3:30 Senior Stride meet in the  
 Bistro and Walk the 1st Floor Hall  
 Together!  
 7:00 Lawrence Welk Show- Ch 9

**23**  
 9:00 Your Stretch Time!  
 10:00 **Church Services- Christ  
 Community Chapel Live Here!  
 Theater**  
 2:30 Popcorn & Puzzles- B  
 3:30 Daily Chronicle  
 Activity Professionals Week

*The Man with the Golden Voice* **24**  
 10:30 "Create A Better You" Exercise  
 with Tony Bennett- Bistro  
 11:00 **Bible Study w/ Rev Steve**  
 2:30 **Tiramisu and Trivia- CR**  
 2:40 **Civil Era Quilts and the  
 Women Who Made Them- T**  
 4:00 Let's Play Family Feud- B

**25**  
 10:00 Oceans of Lotions  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 11:00 Today's Topics- B  
 2:30 Bingo- Bistro  
 3:30 Word Search & Puzzles-  
 B

**26**  
 10:15 **Elizabeth I: Pirate Queen &  
 Master of Spies- P**  
 10:30 Go Chicken Fat Go Exercise- B  
 11:15 Catholic Service- T  
 12:30 Bike Exercise Group- FC  
 1:00 Resident Bridge Card Game  
 2:30 **Arts & Crafts: Cappucino in a  
 Jar!- B**  
 4:00 Let's Play Hangman!  
 6:30 Movie Club- Theater  
 Australia Day (observed)

**27**  
 10:30 Senior "Create A Better  
 You" Exercise- Bistro  
 11:00 Today's Topics- B  
 12:00 Lunch Outing D'Angelo's  
 Ristorante  
 2:40 **Composers Who Took  
 Broadway from Fledgling to  
 Fabulous- T**  
 3:00 Scrabble & Dominoes- B

**28**  
 9:00 Daily Chronicle  
 10:30 Senior Exercise with Lori  
 from Marden- B  
 2:30 Bingo- Bistro  
 3:30 **50 Facts About Italy-B**  
*Resident Birthday  
 Celebration Cake with Dinner!*

**29**  
 11:00 Do Your CABY Exercises!  
 1:00 Resident Bridge Game- P  
 2:30 Grab A Dab(ber)  
 Bingo with Brian!  
 3:30 Senior Stride meet in the  
 Bistro and Walk the 1st Floor Hall  
 Together!  
 7:00 Lawrence Welk Show- Ch 9

**30**  
 9:00 Your Stretch Time!  
 10:00 **Church Services- Christ  
 Community Chapel Live Here!  
 Theater**  
 2:30 Popcorn & Puzzles- B  
 3:30 Daily Chronicle  
 6:00 Cavs vs Pistons on the  
 Big Screen- T

*A Day at the Opera* **31**  
 10:30 "Create A Better You"  
 Exercise with Mario Lanza- Bistro  
 11:00 **Bible Study w/ Rev Steve**  
 2:30 **"An Evening in Roma"  
 Peaceful Painting- CR**  
 2:40 **Civil Era Quilts and the  
 Women Who Made Them- T**  
 4:00 Let's Play Family Feud- B



It's A New Year and great time to try a new adventure!  
 This month we will be exploring Italy!!  
 Check out the calendar for exciting activities that will revolve around  
 the countryside and  
 beautiful cities like Rome, Venice and Milan!  
 Have you ever traveled to Italy?  
 Dig out your photo albums and get ready to share stories!  
 We will Eat, Sing and Laugh our way through an exciting month!  
 Ciao!!

