

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

Danbury Senior Living Broadview Heights

Memory Care Life Enrichment Calendar

HAPPY NEW YEAR

10:00 Notable Firsts  
 10:30 Coffee & The Chronicle  
 11:00 Dancing Exercises  
 11:30 Discussing: New Year's Traditions  
 1:30 Nail Care  
 2:30 Writing Resolutions

New Year's Day

CELEBRATING ELVIS

8  
 10:00 Blue Suede Shoe Exercise  
 10:30 Hydration Station  
 11:00 Celebrating Elvis  
 11:30 Elvis Wheel of Fortune  
 1:30 Make an Elvis Craft  
 2:30 Snacking on Elvis' Favorite Sandwich- PB & Banana  
 3:30 Elvis Movie Showcase

CELEBRATING ELVIS

15  
 10:00 Dancing Exercises  
 10:30 Coffee & The Chronicle  
 11:00 Trivia Challenge  
 11:30 What's in the Bag?  
 1:30 Nail Care  
 2:30 B-I-N-G-O & Beverages  
 3:30 You be the Judge

70's Disco Day

22  
 10:00 Book Weight Exercises  
 10:30 Coffee & The Chronicle  
 11:00 20 Questions  
 11:30 Walking Scavenger Hunt  
 1:30 Nail Care  
 2:30 Sweet Treat: Blondie Brownies  
 3:30 Puzzle Party

2  
 10:00 Church Songs  
 10:30 Refreshments  
 11:00 Sunday Stretches  
 11:30 Caring for Our Finch Friends  
 1:30 Watercolor Art  
 2:30 Chex Mix Social  
 3:30 Puzzle Party

3  
 10:00 Balloon Volleyball  
 10:30 Refreshments  
 11:00 Name a Dozen  
 11:30 Virtual Travel: Alaska  
 1:00 Monday Manicures  
**2:30 Seated Tap Class**  
 3:30 Musical Movie Showcase: Sound of Music

4  
 10:00 Baking Bread  
 11:00 Coffee & The Chronicle  
 11:30 Stretch and Strengthen Class  
 1:30 Caring for Our Finch Friends  
 2:30 Enjoying Homemade Bread  
 3:30 Singalong with Valerie  
 6:00 Bowling Tournament  
 7:00 Aromatherapy & Shoulder Massage

5  
 10:00 Classic Song Sing-along  
 10:30 Refreshments  
 11:00 Exercise Class  
 11:30 Bird Breed Trivia  
 1:30 Word Search Puzzles  
**2:30 Celebrating Coffee Day with Coffee Cake**  
 3:30 Dominos  
 6:00 Let's Play: Pictionary  
 7:00 Music and Massage

6  
 10:00 Daily Chronicle  
 10:30 Let's Play: Wheel of Fortune  
 11:00 Parachute Fun  
 1:30 Caring for Our Finch Friends  
 2:30 B-I-N-G-O & Beverages  
 3:30 Music & Magazines

7  
 10:00 Singalong Favorites  
 10:30 Hydration Station  
 11:00 Exercise Class  
 11:30 Finish the Phrase  
 1:30 Adult Coloring Art  
 2:30 Happy Hour  
**3:30 Live Music by Ted Lichney**

9  
 10:00 Church Songs  
 10:30 Refreshments  
 11:00 Sunday Stretches  
 11:30 Caring for Our Finch Friends  
 1:00 Browns vs Bengals  
 2:30 Brownies for the Browns Game  
 3:30 Dear Abby

10  
 10:00 Daily Chronicle  
 10:30 Refreshments  
 11:00 Bowling Fun  
 1:00 Monday Manicures  
 2:30 Refreshments  
 3:00 2<sup>nd</sup> Floor Library Visit  
 3:30 Musical Movie Showcase: Hairspray

11  
 10:00 Baking: Italian Pull-apart Bread  
 11:00 Coffee & The Chronicle  
 11:30 Stretch and Strengthen Class  
 1:30 Caring for Our Finch Friends  
 2:30 Enjoying Homemade Bread  
 3:30 Singalong with Valerie  
 6:00 Balloon Volleyball  
 7:00 Aromatherapy & Shoulder Massage

12  
 10:00 Classic Song Sing-along  
 10:30 Refreshments  
**11:00 Singing Exercise with Robyn**  
 1:30 Name a Dozen on the 12<sup>th</sup>  
 2:30 Tea Party  
**3:00 Making Winter White Floral Arrangements**  
 6:00 Service Project: Cutting Coupons for the Troops  
 7:00 Name That Tune

13  
 10:00 Daily Chronicle  
 10:30 Rubber Duck Game for Rubber Duck Day  
 11:00 Parachute Fun  
 1:30 Cutting Coupons for the Troops  
 2:30 B-I-N-G-O & Beverages  
 3:30 Caring for Our Finch Friends

14  
 10:00 Singalong Favorites  
 10:30 Hydration Station  
 11:00 Exercise Class  
 11:30 Finish the Phrase  
**1:30 General Store**  
 2:30 Happy Hour  
 3:30 Virtual Travel: Rome

16  
 10:00 Church Songs  
 10:30 Refreshments  
 11:00 Sunday Stretches  
 11:30 Caring for Our Finch Friends  
 1:30 Watercolor Art  
 2:30 Sundae Social  
 3:30 Rummy & Other Card Games

17  
 10:00 Let's Watch: Martin Luther King Jr.'s Famous Speech  
 10:30 Refreshments  
 11:00 Ring Toss  
 1:00 Monday Manicures  
**2:30 Seated Tap Class**  
 3:30 Musical Movie Showcase: My Fair Lady

Martin Luther King Jr. Day

18  
 10:00 Baking Coffee Cake  
 11:00 Coffee & The Chronicle  
 11:30 Stretch and Strengthen Class  
 1:30 Caring for Our Finch Friends  
 2:30 Enjoying Coffee Cake  
 3:30 Singalong with Valerie  
 6:00 Bowling Tournament  
 7:00 Aromatherapy & Shoulder Massage

19  
 10:00 Classic Song Sing-along  
 10:30 Refreshments  
 11:00 Exercise Class  
 11:30 Let's Play: Wheel of Fortune  
**1:30 OUTING: Winter Woods Scenic Ride**  
 3:00 Coffee and Donuts  
 3:30 Dominos  
 6:00 Magazine Scavenger Hunt  
 7:00 Dear Abby

20  
 10:00 Daily Chronicle  
 10:30 Let's Play: Pictionary  
 11:00 Parachute Fun  
 1:30 Caring for Our Finch Friends  
 2:30 B-I-N-G-O & Beverages  
**3:30 Music by Marlynda**  
**5:00 Mediterranean Dinner**

21  
 10:00 70's Singalong Favorites  
 10:30 Hydration Station  
 11:00 Exercise Class  
 11:30 Finish the Phrase  
 1:30 Adult Coloring Art  
**2:30 Disco Happy Hour**  
 3:30 Rummy & Other Card Games

23  
 10:00 Church Songs  
 10:30 Refreshments  
 11:00 Sunday Stretches  
 11:30 Caring for Our Finch Friends  
 1:30 Adult Coloring Art  
 2:30 National Pie Day Social  
 3:30 Puzzle Party

24  
 10:00 Daily Chronicle  
 10:30 Refreshments  
 11:00 Balloon Volleyball  
 1:00 Monday Manicures  
**2:30 Taste Test: Cheeses**  
 3:30 Musical Movie Showcase: Les Miserables

Activity Professionals Week

25  
 10:00 Baking: Banana Bread  
 11:00 Coffee & The Chronicle  
 11:30 Stretch and Strengthen Class  
 1:30 Caring for Our Finch Friends  
 2:30 Enjoying Homemade Bread  
 3:30 Singalong with Valerie  
 6:00 Ring Toss  
 7:00 Aromatherapy & Shoulder Massage

26  
 10:00 Classic Song Sing-along  
 10:30 Refreshments  
**11:00 Singing Exercise with Robyn**  
 1:30 Cutting Coupons for the Troops  
 2:30 Tea Party  
 3:30 Virtual Travel: Australia  
 7:00 Music and Massage

Australia Day (observed)

27  
 10:00 Parachute Fun  
 10:30 Refreshments  
 11:00 Celebrating: National Geographic  
 1:30 You Be the Judge  
 2:30 B-I-N-G-O & Beverages  
 3:30 Caring for Our Finch Friends

28  
 10:00 Singalong Favorites  
 10:30 Exercise Class  
**11:00 Communion Service with Assumption Church**  
 1:30 Adult Coloring Art  
 2:30 Happy Hour  
 3:30 Giant Crossword Puzzle

30  
 10:00 Church Songs  
 10:30 Refreshments  
 11:00 Sunday Stretches  
 11:30 Caring for Our Finch Friends  
 1:30 Watercolor Art  
 2:30 Social  
 3:30 Music & Magazines

31  
 10:00 Daily Chronicle  
 10:30 Refreshments  
 11:00 Bowling Fun  
 1:00 Monday Manicures  
**2:30 Seated Tap Class**  
 3:30 Musical Movie Showcase: Springsteen on Broadway

HAPPY BIRTHDAY JOANNE

HAPPY BIRTHDAY RICHARD