

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



Danbury Senior Living Broadview Heights

Life Enrichment Calendar for Independent and Assisted Living

NEW YEARS DAY 1

1:30 Stretch & Strengthen- AR
2:00 Manicures- AR
3:30 BINGO – P
6:30 Movie Night-
Men's Choice- TH

New Year's Day

<p>9:30 OUTING: Mass at Assumption Church 2 1:30 Sunday Stretches- AR 2:30 Party in the Pub: Let's Play Pictionary 4:00 Dealer's Choice Cards- P</p>	<p>10:00 OUTING: Marcs 3 10:30 Create a Better You Exercise Class- AR 11:00 Trivial Pursuits- AR 1:00 Manicures- AR 1:30 Seated Tap Class- LR 2:30 Kindness Closet Mtg- Apt. 245 3:30 Read Aloud Book Club- LB 6:30 Puzzle Party- AR</p>	<p>9:30 Create a Better You Assessments- LR 4 10:30 Physical Fitness- AR 11:00 Trivia Challenge- AR 1:30 2022 Calendar and Planner Shop- B 2:30 Shoulder Massage- TH 3:30 Stretching with Mike- AR 4:00 Let's Watch: Rita Moreno- TH</p>	<p>10:00 Exercise with Greg Jones Golf Academy- LR 5 11:00 Who Am I? Trivia- AR 1:30 Food Council Meeting- P 2:00 Crafter's Corner: Stamping and Stencils AR 3:30 Popcorn Pick Up- B 6:30 Singing with Garrett- LR</p>	<p>10:30 Stretch & Strengthen Class- AR 6 11:00 Trivia, Trivia, Trivia- AR 1:30 Residents' Council Mtg.- B 2:30 Bingo- P 4:00 Cutting Coupons for Troops- AR 6:30 Wii Virtual Sports- LR</p>	<p>10:00 Rosary Group- LB 7 10:30 Create a Better You Exercise Class- AR 11:00 Jeopardy Trivia- AR 1:30 Birthday Planning Committee- B 2:30 Happy Hour with Live Music by Ted Lichney & Queen of Hearts Raffle 4:00 Activity Packet Pickup 6:30 Movie Night- Midnight Lace- TH</p>	<p>1:30 Stretch & Strengthen- AR 8 2:00 Manicures- AR 3:30 BINGO – P 6:30 Movie Night- Ladies' Choice- TH</p>
<p>1:00 Watch Party: Browns vs Bengals- P 9 1:30 Sunday Stretches- AR 2:30 Party in the Pub: Watching the Browns 4:00 Dealer's Choice Cards- B</p>	<p>10:00 OUTING: Parmatown Walmart 10 10:30 Create a Better You Exercise Class- AR 11:00 Trivial Pursuits- AR 12:45 History of Cle Sports- TH 1:00 Manicures- AR 3:30 Read Aloud Book Club- LB 6:30 Puzzle Party- AR</p>	<p>10:30 Physical Fitness- AR 11 11:00 Trivia Challenge- AR 1:30 General Store- B 2:30 Shoulder Massage- TH 3:30 Stretching with Mike- AR 4:00 Let's Watch: Pele, Soccer Phenomenon - TH</p>	<p>10:00 Seated Rhythm with Robyn - AR 12 10:15 Landmark Supreme Court Cases- TH 11:00 Who Am I? Trivia- AR 2:00 Crafter's Corner: Yarn Cross-stitch - AR 3:30 Popcorn Pick Up- B 6:30 Singing with Garrett- LR</p>	<p>10:30 Stretch & Strengthen Class- AR 13 11:00 Trivia, Trivia, Trivia- AR 12:45 Golden Age of TV: Variety Shows- TH 1:30 Singing and Music with Izzey- AR 2:30 Bingo- P 2:40 Broadway Composers- TH 4:00 Service Project: Upcycle Bags Into Blankets- AR 6:30 Cornhole Tournament- AR</p>	<p>9:00 Coffee & Donuts 14 10:00 Rosary Group- LB 10:30 Create a Better You Exercise Class- AR 11:00 Jeopardy Trivia- AR 1:30 Adult Coloring Art- AR 2:30 Happy Hour & Queen of Hearts Raffle 4:00 Activity Packet Pickup 6:30 Movie Night- Shawshank Redemption- TH</p>	<p>1:30 Stretch & Strengthen- AR 15 2:00 Manicures- AR 3:30 BINGO – P 6:30 Movie Night- Men's Choice- TH</p>
<p>1:30 Sunday Stretches- AR 16 2:30 Party in the Pub: Let's Play Wheel of Fortune 4:00 Dealer's Choice Cards- P</p>	<p>10:00 OUTING: Dollar Tree 17 10:30 Create a Better You Exercise Class- AR 11:00 Trivial Pursuits- AR 12:45 History of Cle Sports- TH 1:00 Manicures- AR 1:30 Seated Tap Class- LR 3:30 Read Aloud Book Club- LB 4:30 MLK Jr.'s Speech- TH 6:30 Puzzle Party- AR</p>	<p>10:30 Physical Fitness- AR 18 11:00 Trivia Challenge- AR 1:00 Shoulder Massage- TH 2:30 Ladies' Tea Party- P 3:30 Stretching with Mike- AR 4:00 Let's Watch: Amy Tan - TH</p>	<p>Happy Birthday Gloria! Happy Birthday David! 19 10:00 Exercise with Greg Jones Golf Academy- LR 10:15 Landmark Supreme Court Cases- TH 11:00 Who Am I? Trivia- AR 2:30 January Birthday Party- P 6:30 Singing with Garrett- LR</p>	<p>10:30 Stretch & Strengthen Class- AR 20 11:00 Trivia, Trivia, Trivia- AR 12:45 Golden Age of TV: Variety Shows- TH 2:30 Bingo- P 2:40 Broadway Composers- TH 4:00 Cutting Coupons for Troops- AR 4:30 Music by Marlynda- P 5:00 Mediterranean Dinner Night 6:30 Board Game Bonanza- P</p>	<p>8:30 Men's Breakfast- P 21 10:00 Rosary Group- LB 10:30 Create a Better You Exercise Class- AR 11:00 Jeopardy Trivia- AR 1:30 Giant Crossword Puzzle- LR 2:30 Happy Hr & Q of Hearts 4:00 Activity Packet Pickup 6:30 Movie Night- Love Is a Many Splendored Thing- TH</p>	<p>1:30 Stretch & Strengthen- AR 22 2:00 Manicures- AR 3:30 BINGO – P 6:30 Movie Night- Ladies' Choice- TH</p>
<p>1:30 Sunday Stretches- AR 23 2:30 Party in the Pub: Let's Play Charades 4:00 Dealer's Choice Cards- P</p>	<p>10:00 OUTING: Heinen's 24 10:30 Create a Better You Exercise Class- AR 11:00 Trivial Pursuits- AR 12:45 History of Cle Sports- TH 1:00 Manicures- AR 2:30 Kindness Closet Mtg- Apt. 245 3:30 Read Aloud Book Club- LB 6:30 Puzzle Party- AR</p>	<p>10:30 Physical Fitness- AR 25 11:00 Trivia Challenge- AR 1:30 Farmer's Market- B 2:30 Shoulder Massage- TH 3:30 Stretching with Mike- AR 4:00 Let's Watch: The Jackie Collins Story- TH</p>	<p>10:00 Seated Rhythm - AR 26 10:15 Landmark Supreme Court Cases- TH 11:00 Who Am I? Trivia- AR 11:30 OUTING: Hibachi Lunch at Sakura Japanese Restaurant 2:00 Crafternoon: An Afternoon of Crafting! - AR 3:30 Popcorn Pick Up- B 6:30 Singing with Garrett- LR</p>	<p>10:30 Stretch & Strengthen Class- AR 27 11:00 Trivia, Trivia, Trivia- AR 12:45 Golden Age of TV- TH 1:30 Singing and Music with Izzey- AR 2:30 Bingo- P 2:40 Broadway Composers- TH 4:00 Service Project: Upcycle Bags Into Blankets- AR 6:30 Wine and Cheese Tasting- P</p>	<p>9:00 Coffee & Donuts- B 28 10:00 Rosary Group- LB 10:30 Catholic Mass with Assumption Church- TH 10:30 Create a Better You Exercise Class- AR 11:00 Jeopardy Trivia- AR 1:30 Checking Facebook- TH 2:30 Happy Hour & Q of Hearts 4:00 Activity Packet Pickup 6:30 Movie Night- Thorn Birds- TH</p>	<p>1:30 Stretch & Strengthen- AR 29 2:00 Manicures- AR 3:30 BINGO – P 6:30 Movie Night- Thorn Birds (cont.)- TH</p>
<p>1:30 Sunday Stretches- AR 30 2:30 Party in the Pub: Let's Play Name That Tune 4:00 Dealer's Choice Cards- P 6:30 Movie Night- Thorn Birds (cont.)- TH</p>	<p>10:00 OUTING: Giant Eagle 31 10:30 Create a Better You Exercise Class- AR 11:00 Trivial Pursuits- AR 12:45 History of Cle Sports- TH 1:00 Manicures- AR 2:30 Seated Tap Class- LR 3:30 Read Aloud Book Club- LB 6:30 Puzzle Party- AR</p>					

Activity Professionals Week

Schedule is subject to change. Check Daily Activity Sheets for the most up-to-date schedule.