

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>MARCH 2023 Danbury Senior Living</p>						
			<p>10:00 Clipping "Coups for Our Troop" with Ellen- B 10:30 Hula Hoop Exercise- B 11:00 Catholic Mass- T 11:00 Creating Mandela Art- B 1:30 Relax Your Mind #rd Floor 2:30 Arts N Crafts Planting Your Own Shamrock Plant- B 4:00 Speedy Recall Game- P 7:30 Cavs Game-T</p>	<p>10:30 Senior "CABY" Exercise- B 11:00 Food Committee: All Residents- Meet w/ Tim Discuss Culinary Ideas!- B 1:00 8 Ball Pool- 3rd floor 2:30 Flyswatter Volleyball- B 3:30 Scrabble & Dominoes 6:00 Sing A Long w/Susan- B</p>	<p>10:30 Senior Exercise with Lori from Marden- B 1:00 8 Ball Pool 3rd floor 1:30 Relax Your Mind 3rd floor 2:30 Bingo- Bistro 3:45 March IQ Quiz 4:00 It's 5 O'Clock Somewhere Happy Hour- P 6:00 Sorry Game with Susan-B</p>	<p>9:30 Senior Stride meet in Bistro 1:00 8 Ball Pool 3rd 2:30 Grab A Dab(ber) Housey Housey 7:00 Lawrence Welk Show Ch 9 8:00 Cavs Game!</p>
<p>5 9:00 Your Stretch Time! 10:00 Church Services- Christ Community Chapel Live Here- Theater 2:30 Popcorn & Puzzles- B 3:30 Daily Chronicle</p>	<p>6 10:30 Senior Exercise w/ Lori from Marden- B 11:00 Bible Study w/ Rev Steve 11:00 Today's Topics- B 1:30 Relax Your Mind 3rd floor 2:30 Duane Carlson Name That Tune- DR 3:45 Let's Play Got It- B 7:00 Cavs Game- T Purim Begins</p>	<p>7 10:00 Oceans of Lotions- Stop in the Bistro for a Sample 10:30 Ballo Flex Senior Exercise with Jani Ott- B 11:00 Today's Topics- B 1:00 8 Ball Pool- 3rd 2:30 Bingo- Bistro 3:30 Danbury Ambassador Program Discussion- B 6:00 Sequence Game w/Susan-B</p>	<p>8 10:00 Clipping "Coups for Our Troop" with Ellen- B 10:30 Hula Hoop Exercise- B 11:00 Catholic Service- T 11:00 Creating Mandala Art- B 1:30 Relax Your Mind #rd Floor 2:30 Chair Chi with Gloria Relaxing Exercise Tai Chi Style- B 4:00 Can You Name 5 Game- B 7:30 Cavs Game- T</p>	<p>9 10:30 Senior "Create A Better You" Exercise- B 11:00 Guys Group Meets With John- Pub 1:00 8 Ball Pool- 3rd floor 2:00 Lunch Outing Mavis Winkle's Irish Pub 2:45 Danbury Twister Game! 3:30 Scrabble & Dominoes 6:00 Sing A Long w/Susan- B</p>	<p>10 10:30 Senior Exercise with Lori from Marden- B 18 Ball Pool 3rd floor 1:30 Relax Your Mind 3rd floor 2:30 Bingo- Bistro 3:45 Trivia Time 6:00 Sorry Game with Susan-B 8:00 Cavs Game-T</p>	<p>11 9:30 Senior Stride meet in Bistro 10:00 "Second Saturday Serenade" Merwin Piano Studio Group Performs- DR 1:00 8 Ball Pool 3rd 2:30 Grab A Dab(ber) Housey Housey 7:00 Lawrence Welk Show Ch 9</p>
<p>12 9:00 Your Stretch Time! 10:00 Church Services- Christ Community Chapel Live Here- Theater 2:30 Popcorn & Puzzles- B 3:30 Daily Chronicle 5:00 Cavs Game- T Daylight Saving Time Begins</p>	<p>13 10:30 Senior Exercise w/ Lori from Marden- B 11:00 Bible Study w/ Rev Steve 11:00 Today's Topics- B 1:30 Relax Your Mind 3rd floor 2:30 Live Entertainment! Steppin' Out!- DR 3:45 Left, Right Center- B</p>	<p>14 10:00 Oceans of Lotions- Stop in the Bistro for a Sample 10:30 Ballo Flex Senior Exercise with Jani Ott- B 11:00 Today's Topics- B 2:30 Bingo- Bistro 3:30 St. Patrick's Day Candy Wrap- B 6:00 Sequence Game w/Susan-B 7:00 Cavs Game- T</p>	<p>15 10:00 Clipping "Coups for Our Troop" with Ellen- B 10:30 Senior Exercise with Lori from Marden- B 11:00 Catholic Service- T 11:00 Creating Mandala Art- B 1:30 Relax Your Mind #rd Floor 2:30 Games & Snacks with the Nordonia High School Red Cross Club! 4:00 Puzzles & More- B 7:30 Cavs Game- T</p>	<p>16 10:30 Senior "Create A Better You" Exercise- B 11:00 Today's Topics- B 1:00 Book Club Meeting with Barbara- L 2:30 Corn Hole- B 3:30 Scrabble & Dominoes 6:00 Sing A Long w/Susan- B</p>	<p>17 10:30 Hula Hoop Exercise- B 1:00 8 Ball Pool 3rd floor 1:30 Relax Your Mind 3rd floor 2:30 Bingo- Bistro 3:45 March IQ Quiz 4:00 "Luck O' the Irish" St Patrick's Day Happy Hour- P 6:00 Sorry Game with Susan-B 7:30 Cavs Game- T St. Patrick's Day</p>	<p>18 9:30 Senior Stride meet in Bistro 10:30 Hudson's Spring EMT Students will be here doing vital signs of BP/Pulse/Respirations/ Pulse Oximeter readings. Join them as they gain hands on experience for their class!- B 2:30 Grab A Dab(ber) Housey Housey 7:00 Lawrence Welk Show Ch 9</p>
<p>19 9:00 Your Stretch Time! 10:00 Church Services- Christ Community Chapel Live Here- Theater 2:30 Popcorn & Puzzles- B 3:30 Daily Chronicle</p>	<p>20 10:30 Senior Exercise w/ Lori from Marden- B 11:00 Bible Study w/ Rev Steve 11:00 Today's Topics- B 1:30 Relax Your Mind 3rd floor 2:30 Arts N Crafts Create Your Own Easter Wreath- B 3:45 Let's Play Got It- B Spring Begins</p>	<p>21 10:00 Oceans of Lotions- Stop in the Bistro for a Sample 10:30 Ballo Flex Senior Exercise with Jani Ott- B 11:00 Today's Topics- B 12:00 Acme Run- Sign Up at Desk 2:30 Bingo- Bistro 3:30 Puzzling Puzzles- B 6:00 Sequence Game w/Susan-B 7:30 Cavs Game- T</p>	<p>22 10:00 Clipping "Coups for Our Troop" with Ellen- B 10:30 Hula Hoop Exercise- B 11:00 Catholic Service- T 11:00 Creating Mandala Art- B 1:30 Relax Your Mind #rd Floor 2:30 Executive Chef Tim Cooking Demonstration- P 4:00 Reminisce Game- B Ramadan Begins</p>	<p>23 10:30 Senior "CABY" Exercise- B 11:00 Today's Topics- B 12:00 Lunch Outing to Red Lobster 1:00 8 Ball Pool- 3rd floor 2:45 Danbury Ultimate Twister Game - B 3:30 Scrabble & Dominoes 6:00 Sing A Long w/Susan- B 7:30 Cavs Game-T</p>	<p>24 10:30 Senior Exercise with Lori from Marden- B 1:00 8 Ball Pool 3rd floor 1:30 Relax Your Mind 3rd floor 2:30 Bingo- Bistro 3:45 Trivia Time 6:00 Sorry Game with Susan-B</p>	<p>25 9:30 Senior Stride meet in Bistro 1:00 8 Ball Pool 3rd 2:30 Grab A Dab(ber) Housey Housey 7:00 Lawrence Welk Show Ch 9</p>
<p>26 9:00 Your Stretch Time! 10:00 Church Services- Christ Community Chapel Live Here- Theater 2:30 Popcorn & Puzzles- B 3:30 Daily Chronicle 6:00 Cavs Game-T</p>	<p>27 10:30 Hula Hoop Exercise- B 11:00 Bible Study w/ Rev Steve 11:00 Today's Topics- B 1:30 Relax Your Mind 3rd floor 2:30 Pub Games: Air Hockey, Shuffleboard, Popcorn and Beer!- P 3:45 Left, Right Center- B</p>	<p>28 10:00 Oceans of Lotions- Stop in the Bistro for a Sample 10:30 Ballo Flex Senior Exercise with Jani Ott- B 11:00 Today's Topics- B 1:00 8 Ball Pool- 3rd 2:30 Bingo- Bistro 3:30 Puzzling Puzzles- B 6:00 Sequence Game w/Susan-B 7:30 Cavs Game</p>	<p>29 10:00 Clipping "Coups for Our Troop" with Ellen- B 10:30 Senior Exercise with Lori from Marden- B 11:00 Creating Mandala Art- B 1:00 8 Ball Pool- 3rd Floor 1:30 Relax Your Mind #rd Floor 2:30 Live Entertainment- Gerald Harris Sings the Favorites- DR 4:00 Jenga Competition- B</p>	<p>30 10:30 Senior "Create A Better You" Exercise- B 11:00 Today's Topics- B 1:00 8 Ball Pool- 3rd floor 2:30 Corn Hole- B 3:30 Scrabble & Dominoes 6:00 Sing A Long w/Susan- B</p>	<p>31 10:30 Senior Exercise with Lori from Marden- B 1:00 8 Ball Pool 3rd floor 1:30 Relax Your Mind 3rd floor 2:30 Bingo- Bistro 3:45 March IQ Quiz 4:00 Random Sayings Game-B 6:00 Sorry Game with Susan-B 7:30 Cavs Game- T Resident Birthday Celebration Cake with Dinner!</p>	<p>Activity Highlights 3/11 <i>Second Saturday Serenade</i> 3/15 <i>Chef Demonstration</i> 3/17 <i>St. Patrick's Day Happy Hour!</i> 3/18 <i>Hudson EMT Screening Presentation</i> 3/22 <i>Cooking Demonsatration with Chef Tim</i></p>